

LOCOMOTOR FLAT SHEET – USER INFORMATION SHEET



PRODUCT CODE	DESCRIPTION	DIMENSIONS
LOCO-116	Standard Flat Slide Sheet with handles -Washable	200cm x 71cm
LOCO-128	Wide Flat Slide Sheet with handles - Washable	200cm x 90cm
LOCO-520	Flat Slide Sheet without handles – Washable	200cm x 90cm
LOCO-705	Flat Slide Sheet without handles – Washable	200cm x 140cm

IMPORTANT: PLEASE RETAIN THIS USER INFORMATION SHEET WITH THE PRODUCT AND REFER TO IT BEFORE USE.

DESCRIPTION & PURPOSE

The LOCOMOTOR FLAT SHEET (LFS) is a washable fabric slide sheet with one low friction surface allowing an individual to be positioned without the need to lift. The LFS is available with and without handles. The LFS can be used singularly or in pairs and can be used for a variety of repositioning tasks. The LFS with handles can also be used for lateral transfers when used in conjunction with LOCOMOTOR EXTENSION STRAPS (LOCO-123) and LOCOMOTOR LATERAL TRANSFER SLIDE (LOCO-119). The multidirectional glide of the fabric allows a patient to be moved in any direction and reduces shearing to the patient's body.

INSTRUCTIONS FOR USE

Always ensure that any part of the patient not assisting with the transfer is on two layers of slide sheet.

Using LOCOMOTOR FLAT SHEET in pairs

Patient turning: Using a pair of LFS, position one over the other with the product label on the outside and the low friction surface on the inside of both. Using an approved rolling technique, position both LFS underneath the patient ensuring central positioning to both bed and patient. To turn the patient take hold of the top LFS and slide the patient across the bed and then roll the patient back into the middle of the bed.

Moving a patient up the bed: Position a pair of LFS under the patient as described above, then, using an approved handling technique, take hold of the top LFS and slide the patient to the required position. To remove the LFS, reach under the patient between the LFS and the bed and taking the far corner of the LFS fold the corner edge underneath and pull toward you, peeling the LFS away from patient, preferably working toward the head end of the bed. Steady the patient as this is performed.

Using a LOCOMOTOR FLAT SHEET singularly

Fold a LFS creating a loop (open tube), ensuring the product label is on the outside and the low friction surface is on the inside.

Patient turning: Insert the folded LFS under the patient using approved rolling technique and position so that LFS is across the bed with closed end of the 'tube' facing away from you with LFS positioned between patient's hip and shoulder (inclusive). Taking hold of the top layer of the LFS, slide the patient towards you, and then roll the patient back into the middle of the bed.

Moving a patient up the bed: Fold a LFS and insert as described above. When using the handled LFS ensure that short 'handled' edge is on top of the 'tube' and upper most in relation to the bed. Orientate the LFS so that it is lengthways to the bed (it may be necessary to use another folded LFS under patients heels). Using an approved manual handling technique, take hold of the top layer of the 'tube' and slide the patient up the bed.

For information about sliding techniques contact your Moving & Handling Trainer, Back Care Advisor or equivalent.

All patient moving and handling tasks should be carried out in accordance with approved patient moving and handling techniques and after a full assessment of the patient, equipment, task and environment.

Always follow the approved policy of your place of work when adopting moving and handling practices.

INSPECTION: Before each use inspect the product for wear and damage. **Do not use** if the product is showing any signs of wear or damage.

STORAGE: Store in dry conditions away from direct sunlight and sources of heat.

MATERIAL: Silicone coated nylon.

LAUNDERING: May be washed at 71°C and can also be autoclaved. May be sterilised using Sodium Dichloroso-Cyanurate or Sodium Hypochlorite – wipe only and rinse with water.

DISPOSAL: Please refer to the policy of your place of work for the disposal of non-hazardous waste.

For more information please contact your supplier or contact customer services at:



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